

Supporting Information

S1 File. Original nine common signs and symptoms of dysphagia

(Adopted from Walker et al (1990) and Nawaz S and Tulunay-Ugur OE (2018))

- 1) Having problems or difficulty swallowing certain food or liquids, or could not swallow at all.
- 2) Coughing or choking when eating or drinking.
- 3) Aspirations with liquids or solid food occurs.
- 4) A sensation that food got stuck in the throat or chest.
- 5) Painful swallowing.
- 6) Unintentional weight loss.
- 7) Having to wash down food with liquids.
- 8) Increased time needed to be able to complete meals.
- 9) Increased mucus in the throat.

Note: Items 1–4 were included in the final simplified swallowing questionnaire.

References:

- Walker HK, Hall WD, Hurst JW, editors. Chapter 82 - Dysphagia. Clinical Methods: The History, Physical, and Laboratory Examinations. 3rd edition Boston: Butterworths; 1990.
- Nawaz S, Tulunay-Ugur OE. Dysphagia in the older patient. Otolaryngol Clin North Am 2018;51(4):769-777.